



Myrtleholt
of The Kingdom An Tir

THE LEAFLETTE

The official newsletter of the Incipient Barony of Myrtle Holt • OCTOBER 2015 (AS L)

THIS ISSUE

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ARC Bead Class
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Winners of ARC

Heavy Fighting:

- Myrtle Holt Heavy Defender Championship—Leonardis Czypress
- Ronald Hawkwood Memorial Single-sword Tournament—Sir Lawrence of the Marsh

Archery & Thrown Weapons

- Myrtle Holt 5th Annual Archery Championship—Edward “Slash” Target-Cleaver
- Summits Captain of Eagles Archery Championship—William Cristopher

Youth Armored Combat

- The 3rd annual YAC Castle Diablotin Defender Championship—Olaf

Equestrian:

- Myrtle Holt 1st Annual Equestrian Championship -- Huntmaster of Myrtle Holt—Sir William Brannon
- Winning Hunt Team—Lucian De Long and Duncan Taddio

Arts and Sciences:

- Bard of the Summits Championship—Lady Sholeh of Susa
- Garbology Competition—HL David de Rosier-Blanc
- Brewing Competition - Victor de Geurse (cider), Emir (cordials), Bryan Buchanan (liqueur)
- Winter Harvest Competition—Jennet MacLachlan of Loch Fyne
- Granny Grimm Kettle Toss—Fyrsta Temperance Trewelove



Winter Harvest Dish competitors, in dish-name alphabetical order, with names where available...

Baklava—Ulliam Mag Dhuibhfhinn
Door Mice—HL Rathyen de Bures of Acton
Dump Cake - Stephen the Merchant
Granny Grimm Cockaleeky Soup—Stephen the Merchant
Granny Grimm Lamb Stew—David de Rosier-Blanc
Pern-Inspired Nomadic Dish—Emir
Pumpkin Bread—Ulliam Mag Dhuibhfhinn
Scones (our winner!) - Jennet MacLachlan of Loch Fyne
Swedish Meatballs—Ali Aftreth

Do you have a recipe to share? Any recipe, medieval, modern, or somewhere in between?

Please send your recipes to your Chronicler, via email, the Myrtle Holt Facebook page, Yahoo! Group, or on paper.

ARC... Archery, Atlatsls, and Axes.. Oh, My!



An unexpected visitor is unwillingly removed from the archery field...

This wasn't what we imagined when David said he had to take his dog for a walk...

ARC... Lampwork Bead Class

From HERE....



... To THERE!



ARC... Zombies want to eat our brainses...



Call for Winter Investiture Feast Donations

It's important to note that every little bit helps and if someone wishes to donate anything, they do not have to donate the entire amount needed themselves. Below is an updated list of needed items; Feastocrats Monique de Toulon and HL Aelfric Thorfasson appreciate your assistance.

Dry Yeast	Honey
Rye Flour	Balsamic vinegar
White Flour	Dijon mustard
Butter (not margarine)	30lbs Pork Roasts
10lbs Ground Beef	Eggs
Fennel Seed	Salt
10lbs Chicken	Minced Garlic



Eleventh Night Feast Menu

First Course:

German Beef Sausage with cabbage wrap
Garlic Spätzle
Honey Dill Carrots
Baked Apples with Walnut cream cheese dip

Second course:

German Beer pork roast
Balsamic Rosemary chicken
Wheat berries in cream sauce
Sauerkraut with bacon sour cream sauce
Alexander cake

Breads:

German beer bread
Dark rye bread
Steel cut oat bread
Wheat bread
Apple butter and butter served with bread

Drinks:

Pressed apple cider
Lemon water

List of Events, Lodging Details, Map...

http://antir.sca.org/Upcoming/index.php?Event_ID=3830

Site Info:

Name: Josephine County Fairgrounds Pavilion Building
1451 Fairgrounds Road
Grants Pass, OR 97527

LODGING INFORMATION

Myrtle Holt has reserved blocks of rooms at the following local Inns, and negotiated significant discounted rates at each: Riverside Inn and Best Western Grants Pass. Rates and contact information are at the event URL listed above.

Alpine Scholar Championship
Captain of Cats Championship
Dirty Dozen Donation Derby

The Sieging of Castles (Siege Warfare) - Part 1

Article written by Will Kalif of www.stormthecastle.com

Over the centuries many different techniques were employed to siege castles. Here were some of the simpler (less technological) ways that castles were sieged. These techniques were used more often in the early centuries of castles. As technology improved and siege engines were developed the engines were more often used because they were quicker to bring about the fall of the castle.

1. Deception: Spies were used to infiltrate the castle. They could, at night, open the castle gates or wreak havoc on the interior defenses of the castle. The most famous case of this tactic is the Trojan Horse.
2. Treachery: Someone trusted within the power structure of the castle could give misleading information that would bring down the castle.

He could for example report that there were many more troops sieging the castle than there actually were. This would induce the castle residents to either revolt or surrender out of fear.

3. Starvation: This was a method used but it often meant many months, sometimes even a year or more. The sieging army would station itself around the castle and not allow any form of commerce. Eventually the inhabitants would surrender due to imminent starvation.
4. Biological warfare: Yep that's right. A sieging force could launch the remains of rotting corpses into the castle causing outbreaks of life-threatening illness.
5. Simple storm: The sieging force could carry on an all out attack at various points of the castle. This overwhelming would hopefully break through in some places causing a collapse in defenses.
6. Mining: The sieging army would actually dig tunnels under the castle. The hope was not so much for an entry into the castle but for a way to collapse the castle defenses.

The Siege Arms Race - Castles, and how they were sieged developed over the centuries in a medieval style arms race. All of the siege tactics shown above were replaced by large medieval weapons. These weapons could bring down the fortress walls quickly and efficiently.

But castles too adapted by building stronger, taller, and thicker walls. They even used concentric walls with walls inside walls. Once the art of explosives developed reasonably well and artillery became accurate and reliable castles fell out of favor in that they could not provide adequate defense.

The castles then became more of a fortified place for royalty to live.



Interested in Learning about one of the most famous castle sieges of all times? This was the siege of Richard the Lion Hearted Castles

<http://medievalcastles.stormthecastle.com/essays/the-siege-of-chateau-gaillard.htm>

Viking Coat Pattern

Article courtesy of Marije Kuiper, author of the blog *Threads of My Life* - <http://skogsduva.wordpress.com/>

After writing about my Viking age coat/kaftan, I was asked which pattern I used. Well, I used a very basic Viking age dress pattern and simply cut open the front panel to create a coat. I made a graph and some instructions for those who are interested. Although I did my best, I can't guarantee that all is correct as I'm not an experienced pattern maker, so please use your common sense while using this pattern.

ab = your length from shoulder to ankle
(or whatever length you like the coat to have)

cd = circumference at breast height divided by 2, plus a little extra to avoid tightness

ef = distance from ankle to waist

gh = 30 to 40 cm

ij = length of your stretched arm from shoulder joint to wrist

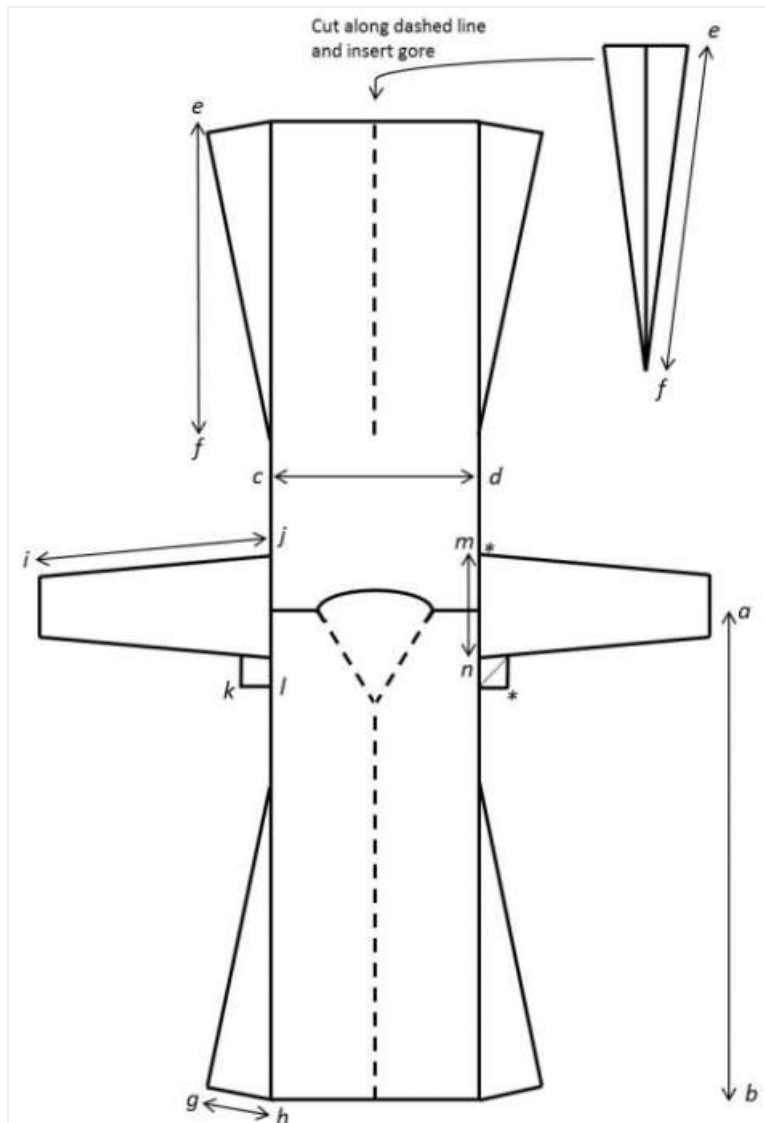
kl = 10 to 12 cm

mn = \pm 40 cm

Always add seam allowances to the measurements above! Also when cutting out, for example the neck-hole, remember that it will become larger when you sew the hem.

Textile finds from Birka show that the tunic-type garments from 9th and 10th century Sweden did not have separate front and back panels with shoulder seams, but were cut as one large piece with a hole for the head opening. For the wider fabrics that we have today this is likely an inefficient use of fabric, therefore I assume here that you have separate front and back panels.

Cut front and back panels as rectangles of size **ab** x **cd**; you will make the front opening and the split for the back gore later. Similarly, cut the sleeves as rectangles of **ij** x **mn**, you will shape them later. Cut the neck-hole out of the front and back panels. At the back it should be 3 to 4 cm deep (after sewing the brim), at the front it doesn't matter because you will enlarge it later on.



Viking Coat Pattern (continued...)

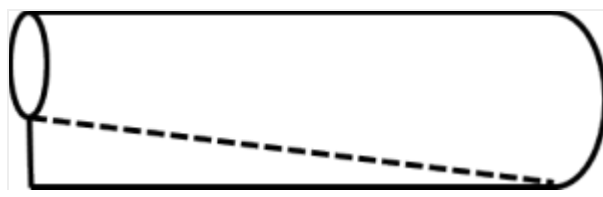
Start the assembly by sewing the body halves together at the shoulders. Sew the four side-gores to either side of the front and back panels. Sew the two gore halves of the back gore together. Cut the opening along the back to insert the gore, but be careful not to make the slit too large, it should be a little shorter than the distance e-f because of the seam allowances.

Sew the sleeves to the body, centered on the shoulder seam. The square gussets, that serve to relieve tightness in the armhole, are sewn into the corner of the sleeves and the front panel, as shown in the diagram.

Finally, fold the whole thing in half and sew each side from wrist to armpit to hem. Shape the sleeves while doing this, but do not make them too tight, your balled fist should still be able to fit through.

While sewing the armpit area, the square gusset is folded into a triangle, attaching the point indicated by a * in the graph to the other armpit, also indicated by a *. When you are finished, you have a dress.

Now, make a coat out of it by cutting open the front panel along the centre, making the upper part into a V-shape so that the front opening lines up with the sides of the neck-hole. Fold over the fabric to the inside and secure with small stitches that are not visible on the outside. Do the same with the sleeve ends and underside of the garment.



Shaping the sleeve

To finish, press all seams open with your fingers and sew the seam allowances flat with a stitch that is invisible on the outside. Finishing the seams like this is especially important in places where multiple seams come together, such as at the top of the gores, and it will improve the drape of the final coat.

For thinner fabrics such as linen I prefer not to press the seams open, but to fold both seam allowances to one side for more strength. Mostly I trim one of the allowances to 1/4 inch or 1 cm and the other allowance to 1/2 inch or 2 cm, then press them to the side of the shorter one and fold the longer allowance around the shorter one.

You can decorate your coat by adding some nice embroidery or -which was probably more common- by attaching woven band or metal-brocaded braids. In Viking times it was also very common to accentuate the seams with decorative stitches.

For more information on decorations as well as general information on Viking clothing and coats, visit the links on my blog, *Threads of My Life* - <http://skogsduva.wordpress.com/>



Dayshade Challenge—Battle of the Biancos
will continue next month....

For to Serve a Lord or How to Make a Feast Happen (Part 7—Final)

By *HL Felicia of the True Layne*

During the new squires' clattering-chattering and brusque exit to triumphantly present the newly crowned king with the grail of tomato goodness, they passed through the plating-dole area again. By then it was crowded with servers, bread runners, ice seekers and water carriers.

To make room to let the squires pass I closed the lid of an open ice chest and set it on a side counter and forgot about it in the rush to get the next course finished and the second course served. This counter was in the kitchen proper by the oven that was roughly a zillion degrees Fahrenheit. Later when folks were requesting more salad, the closed chest was opened. The remainder of the salad had self-destructed for lack of ventilation! This is why a chef needs a strong hall steward- to fetch the king through his table server the ketchup among a hundred other duties of which the general dining populace is blissfully and deservedly unaware.

So now you, the reader, have had a look at what it takes, and what sort of people it takes to make a feast happen. There are many other details to serving, cooking, shopping, planning, transporting, reassembling, coordinating and just plain making a memorable and delicious feast happen but the most important thing to remember is that our hobby is supposed to be fun! When we volunteer, we all give of the best of ourselves and in a truly noble yet at times, humble way and all of it is "For to Serve a Lord" in this case, the lords and ladies of our Society, our visitors and our guests.

-This marks the end of the series *For to Serve a Lord*

Join us next month for the start of a new series,
Basic Armouring—A Practical Introduction to Armour Making
Copyright 2002 By Paul Blackwell

With thanks to HL Aelfric Thorfasson for bringing the publication to the Chronicler's attention and to Richard the Rampant at BrightHelm.org for assisting us with obtaining permission.



Last Call

Glyn Dwfn's Archery Practices are held every 2nd and 4th Sunday at Fenwald Farm in Shady Cove
 Summer Schedule: 3pm-Dark — Winter Schedule: 1pm-Dusk

Check the Myrtle Holt FB page for fighter practices dates and times

Office reports are now due for Quarter 3. Exchequer has until the 15th; all others are due the 30th.

Next Business Meeting

ATTENTION: CHANGE OF LOCATION!

November's meeting will be held at Abby's Pizza, Williams Hwy, November 3 at 7pm.

Officer Excerpts

MOAS: Deputy MOAS needed. Send list of A&S projects to the MOAS.

YAC: Need helmets

Seneshal: Deputy Seneshal needed.

Marshall: Practices are continuing. Check online for times & locations.

Chronicler: Recipes needed

More detailed Officer Reports are posted in the Meeting Minutes.

Looking Forward

Investiture December 11-12, 2015

Autocrat Team: L Brynhildr Smidsdottir (Megan) &
 Viscountess Jennet MacLachlan of Loch Fyne, OP (Janet)
 Feast Team: Monique de Toulon and HL Alfric Thorfasson
 Feast Assistant: Edward Target-Cleaver (Benjamin)

Hogmanay January 2016

Autocrat: HL Brian Buchanan (Brian)
 Highland Games Steward: L Bowen Doyle (Albert)
 Feastocrat: HL Keara Rylyn Buchanan (Loree)



Calendar

October

Dates	Event	<u>Branch Locations</u>
16 - 18	Fall Equinox (Event's Web Site)	College of Cranehaven
17	Baronial Banquet	Barony of Madrone
17	Boar's Head Hunt and German Tavern Night	Barony of Dragon's Mist
17	Fall Masked Ball	Barony of Seagirt
17	Feast of St. Crispin	Shire of Tir Bannog
17 - 18	Freeze Off	Shire of Ramsgaard
17	October Feast	Barony of Wealdsmere
23 - 25	 Tir Righ November Coronet Tournament	Principality of Tir Righ
24	Harvest Feast	Barony of Blatha An Oir
24	Pre-Hibernation Feast Bites	Canton of Bearwood
24	Samhain	Shire of Glyn Dwfyn
24	St. Crispins Day (Event's Web Site)	Shire of Mountain Edge

November

Dates	Event	<u>Branch Locations</u>
06 - 08	 Kingdom Feast and Bardic Celebration	Kingdom of An Tir
08	 Fall Crown Council (per TRM's option)	Kingdom of An Tir
13 - 15	Frostbite	Shire of Southmarch
14	As You Like It	Barony of Wastekeep Tri-Cities, WA
14	Autumn Gathering IX	Shire of River's Bend
14	 Baroness' Inspirational Tournament	Barony of Lions Gate
14	Midhaven Harvest Feast	Shire of Midhaven
21	Harvest Protector	Shire of Pendale
21	Martinmas (Event's Web Site)	Barony of Terra Pomaria
21	WinterFeast (Event's Web Site)	Shire of False Isle Powell River, BC
28	Hartwood Yule	Shire of Hartwood

Myrtle Holt Officers



SENESCHAL

Lady Brynhildr Smidsdottir
(Megan Blattel)



ARTS & SCIENCES

HL David de Rosier-Blanc
(David Bianco)



GOLD KEY

Constance Campbell
(Christina Hager)



SCRIBE

HL Keara Rylyn Buchanan
(Loree Day)



HERALD

Lord Bjolan Bjornson
(Rev. James A. Otto Sr.)



HEAVY MARSHAL

Bowen Doyle
(Albert Wessels)



WEBMINISTER

Lord Thorlof Anarson
(Josh Plater)



EXCHEQUER

HL Caterine Mitchell
(Kattie Cole)



CHRONICLER

Lady Nim
(Sarah Givens)



DEPUTY GOLD KEY

Alina MacMurrich
(Amanda C. Cowin)



CHATELAIN

Lord Uilliam (Liam) Mag Duibhfhinn
(Morris Givens)



HERALD IN TRAINING

Eric Liefson
(Glenn Allen)



TARGET ARCHERY MARSHAL

Lord Uilliam (Liam) Mag Duibhfhinn
(Morris Givens)



EQUESTRIAN MARSHAL

HL Robert Buffle
(Robert Chism)

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