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### Winter Investiture Feast!

**December 12-13, 2015** 

#### **First Course:**

German Beef Sausage with cabbage wrap Garlic Spätzle

Honey Dill Carrots

Baked Apples with Walnut cream cheese dip

### **Second course:**

German Beer pork roast
Balsamic Rosemary chicken
Wheat berries in cream sauce
Sauerkraut with bacon sour cream sauce

### **Breads:**

German beer bread Dark rye bread Steel cut oat bread Wheat bread Apple butter and butter Alexander cake



### List of Events, Lodging Details, Map...

http://antir.sca.org/Upcoming/index.php?Event\_ID=3830

#### Site Info:

Name: Josephine County Fairgrounds Pavilion Building 1451 Fairgrounds Road Grants Pass, OR 97527

### LODGING INFORMATION

Myrtle Holt has reserved blocks of rooms at the following local Inns, and negotiated significant discounted rates at each: Riverside Inn and Best Western Grants Pass. Rates and contact information are at the event URL listed above.

Alpine Scholar Championship Captain of Cats Championship Dirty Dozen Donation Derby

# Beau Cheval: Building a MA Hunt Course

Article and Photos By HL Rathyen de Bures of Acton

The Barony of Myrtle Holt is lucky in that we have an event, the Ancestral Remembrance Celebration (ARC), in which to hold a very period, mile and a half mounted archery hunt. So, come every October, my husband and I pull out the targets, backdrops, stakes and tape, and head out to the event site a week early to set things up. Here is how we got started, and how we put things together.

First came the targets. I drew and painted the animals on cardboard, cut out around them with a box knife, then put the cardboard down on insulation board and drew around the shapes.



Depending on the size of the animal, I could get two to three on each section of board. Then I cut the shapes out of the board with a small hand saw. Once that was done, I used Gorilla Glue to glue the painted cardboard onto the cutout insulation board, laid them out on the garage floor, and put weights on them to hold the cardboard down, and let them sit overnight. I ended up with 13 targets.

In the meantime, while I was painting and gluing, Robert was making the backdrops for each target. The last thing we wanted was for riders to lose arrows. At around twelve dollars apiece, people would be really crabby with us, and might not want to come back again. Robert made the backdrops out of slip sheets. These are used in trucking goods to make pallets easier to move around.

They are thick plastic and will stop most arrows, or slow them down enough to where they don't go far. He doubled them, then mounted them on 2x4x. To hang them, he has metal stakes of different lengths that he pounds into the ground.



Our first year doing this out on the course, we discovered that the wind would come whistling over the open fields and flip the backdrops off the poles. Now we ziptie them on each end, so they won't get blown away. He also bought wooden concrete stakes in two different lengths, which we would pound into the ground for the targets. We also have surveyor's flags to mark hazards, and to mark where riders must shoot from. As we go, we also mark the course with pink surveyors tape.

So, with targets, backdrops, poles, stakes, zipties, hammer, duct tape, surveyor's flags and tape, and a t-post driver for the metal poles, we head off to the event site. We do this between two and four days ahead of time, depending on what the weather is going to be. If it looks iffy, we only put the backdrops up, since if the cardboard targets got wet, they would warp, even though they are glued to the insulation board. We will wait until the day before the actual hunt before putting up the animal targets.

## **Beau Cheval (continued....)**

By HL Rathyen de Bures of Acton

Doing this has kept them in pretty good shape for about five years.

We drive our truck out onto the course, targets in the back seat, backdrops in the truck bed with the tools, poles, stakes, etc. This part, for me anyway, is the roughest part of the set up. The fields are furrowed. It's like driving your truck on a giant washboard. There are times I give up, tell Robert, "I'll meet you at the next target spot" and walk.

We decide where to put the target, pound in the poles, set up the backdrop, then pound the concrete stakes into he ground and tape the target to the stake with duct tape. Lots of duct tape. We then pace off the distance riders must shoot from and mark it with flags.

It takes us about four to five hours to get everything set up. Robert and I have it down to a science, and it's not especially hard, just time consuming. We figure that in the four years we have done this, we have walked that course about forty times.



Fortunately, it's a pretty course, especially when it goes into the forest. Walking it early in the morning, when no one else is around, is quite wonderful. Come the day of the event, we show people where the course is, how it will be scored, and what will be some of the penalties.

We also do the hunt in conjunction with a mounted archery castle shoot, which is done in a lane (which Robert and I also set up ahead of time), where riders shoot at two bulls eye targets.

Lastly, the day after the event, we go back and take everything down. Sometimes it works out that we have enough time after the event closes on Sunday to go out and retrieve everything. This year we reduced the number of targets to six, shortened the course a bit, but not by much, which made putting it up and tearing it back down go a little faster.

Once we get back home, the targets are put up in the attic space above the garage, and the backdrops get stored on pallets under tarps, all waiting to be pulled out again the following year.

Over the years, we have only had one complaint about our targets. Apparently the local bear objected to having a fake heron parked in his/her territory and gave it quite a slap. So now we have a heron target with bear claw slashes on the back. Quite the surprise when we found those, I can tell you!



If you have any questions about making targets or setting up a course, feel free to contact me at chism275@gamil.com.

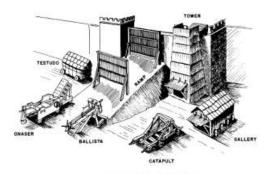
With respect, R de B

# The Sieging of Castles (Siege Warfare) - Part 2

Article written by Will Kalif of www.stormthecastle.com

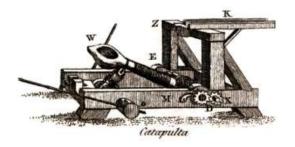
Over the centuries many different techniques were employed to siege castles. Here were some of the simpler (less technological) ways that castles were sieged. These techniques were used more often in the early centuries of castles. As technology improved and siege engines were developed the engines were more often used because they were quicker to bring about the fall of the castle.

Of course we are all familiar with some of the machinery that was used to siege a castle. Here is an overview of some of these machines of mass destruction.



ROMAN SIEGECRAFT AND WORKS

Catapults - A catapult was a large machine used to throw objects, often rocks, arrows, pots of fire, or even spears, at a castle. This would destroy the castle walls and buildings. When we think of a catapult the one shown here is what we envision. But more often than not the catapults used for sieging didn't have the cup that you put the thrown object into. They usually had a sling. This sling could generate more force and throw the object further with more accuracy. This sling effect was later developed into the Trebuchet.



**Trebuchet -** Similar to the catapult in that it was designed to throw large objects but it was more efficient than a catapult because it could be built faster and at less cost. Yet it could throw heavier objects even further. The basic theory of the

Trebuchet was like that of a see saw. One end had a heavy weight. The other end extended much longer and had a sling where the thrown object was put. When the trebuchet was activated the heavy weight would fall and the swinging of the see-saw would propel the object.



**Battering Rams:** They were large mechanical objects, often on wheels that were used to ram the walls and doors of a castle in an attempt to break them down. Often times battering rams were part of a siege tower. Early roman era battering rams had wooden structures around them to protect the operators of the ram.

**Siege Towers:** Were wooden towers often built at the site of the siege. They were built to the height of the castle walls and were on wheels so they could be rolled up to the wall. Then the attackers could cross right over into the castle. Often times they had battering rams like the one shown here.



# **Rosemary Cornmeal Cookies**

By Bronwen Awbrey

### Super tasty, with a sweet yet slightly savory flavor. Goes great with tea.

This is a recipe I found a couple years ago; can't remember where. I added my own little twist to it based on how I made them. There is a reason that there are two types of sugar (granulated and raw) added at different times. When you cream the granulated sugar with the butter, those two ingredients become lovely and fluffy, and the sugar mostly dissolves. By adding the small amount of raw sugar at the end of the creaming process, it gives the cookie a little crunch, because the raw sugar isn't going to dissolve all the way. You'll get random little pockets of sweet, molasses-y goodness in the middle of a slightly savory cookie.

### **Ingredients:**

1 1/3 Cup Unbleached All-Purpose flour

1 Cup Cornmeal (finely ground if you have it)

1 tsp Baking Soda

3/4 tsp Coarse Salt

2 Sticks of Unsalted Butter, Room Temperature

1 Cup Organic Sugar (it still has a little molasses in it)

1/4 Cup Raw Sugar (the big crystals)

1 Heaping TBSP of Finely Grated Orange Zest

1 Heaping TBSP of Finely Chopped Rosemary

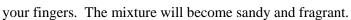
2 Large Eggs

1 tsp Vanilla Extract

#### **Instructions:**

Preheat the oven to 356°

- Whisk together Flour, Cornmeal, Baking Soda, and Salt in a bowl
- Put the Organic Sugar and Orange Zest in a separate bowl (or electric mixer bowl, if you have one) and gently rub together with



- Add the butter to the bowl with the Sugar/Orange mixture and mix on Medium Speed with until it is pale and fluffy, about 4 minutes. Once it reaches this state, add in the Raw Sugar and mix to incorporate.
- Mix in the Rosemary, Vanilla Extract, and Eggs one at a time, making sure to fully incorporate all the ingredients.
- With your mixer on Low (either hand mixer or counter top mixer), add the Dry Ingredients until just combined.
- On a parchment lined baking sheet, drop rounded tablespoons of dough, making sure to leave 2" spacing between cookies.
- Bake 15-20 minutes, or until lightly browned on the edges.
- Let cool slightly and serve immediately, or store in an air tight container for 3-4 days.



### **Basic Armouring: Introduction**

Basic Armouring—A Practical Introduction to Armour Making Copyright 2002 By Paul Blackwell

The material provided in these articles are excerpts from Basic Armouring, a book by Paul Blackwell. The contents and images are used with permission and courtesy of Paul Thane-Clarke (Richard the Rampant) of Brighthelm.org

### Ye Small Print—Cautionary Note and Disclaimer

Combat re-enactment in any form carries an element of risk (hey they used to do this for real!) Even making armour can be hazardous, if you drop a hammer on your foot, cut yourself on a sharp piece of metal or do something even more disastrous! It must be pointed out, therefore, that if you partake in silly hobbies such as these you do so at your own risk!

The advice and information in this booklet is given in good faith (most having been tried out by the author) however as I have no control over what you do, or how you do it, I can accept no liability for injury suffered by yourself or others while making or using armour.

### Ye Nice Note

Having said all that I'll just add that I've been playing for ages and am still in one piece and having fun. Cheers, Paul

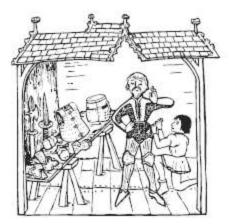
### **Chapter 1—Introduction**

Stepping out into the world of medieval combat recreation can, like any other sport, be somewhat daunting. To start with where do you get all the equipment you need, especially all that nice shiny armour? Well here are your options:

- 1. Borrow it (a good way to start if spare stuff is available)
- 2. Buy it new (can be expensive)
- 3. Buy it second hand (cheaper but will it fit or be worn out already?)
- 4. Make it yourself.
- 5. Any combination of the above!

This booklet is a primer for those who want to try the fourth option; it sets out to show you how to make simple, but

practical, armour. Beware though, armour making can become a hobby in its own right and this book is but an introduction! In time you may want to make even fancier, more complex and more authentic armour, in the meanwhile this book should get you out on the field! Enjoy.



### **Last Call**

Glyn Dwfn's Archery Practices are held every 2nd and 4th Sunday at Fenwald Farm in Shady Cove Winter Schedule: 1pm-Dusk

Check the Myrtle Holt FB page for fighter practices dates and times

### **Next Business Meeting**

### **ATTENTION: CHANGES!**

December's meeting could not be scheduled for a Tuesday. It will be held at the Marie Hill Conference Room, Community Corrections, 510 NW 4th St, Grants Pass OR. THURSDAY, December 3 at 7pm.

### **Officer Excerpts**

**MOAS:** Deputy MOAS needed. Would like to complete the stained glass project for

Hogmanay. A&S Meetings moved to Jerome Prairie School—

See Facebook for details.

**Seneschal:** Deputy Seneschal needed.

**Marshall:** Practices are continuing. Check online for times & locations.

More detailed Officer Reports are posted in the Meeting Minutes.

# **Looking Forward**

#### **Investiture** December 2015

Autocrat Team: L Brynhildr Smidsdottir (Megan) & Viscountess Jennet MacLachlan of Loch Fyne, OP (Janet) Feast Team: Monique de Toulon and HL Aelfric

Thorfasson

### **Hogmanay** January 2016

Autocrat: HL Brian Buchanan (Brian) Highland Games Steward: L Bowen Doyle (Albert) Feastocrat: HL Keara Rylyn Buchanan (Loree)



## Calendar

November		
Dates	Event	Branch Locations
13 - 15	<u>Frostbite</u>	Shire of Southmarch
14	As You Like It	Barony of Wastekeep
14	Autumn Gathering IX	Shire of River's Bend
14	K Baroness' Inspirational Tournament	Barony of Lions Gate
14	Midhaven Harvest Feast	Shire of Midhaven
21	Harvest Protector	Shire of Pendale
21	Martinmas (Event's Web Site)	Barony of Terra Pomaria
21	WinterFeast (Event's Web Site)	Shire of False Isle
28	Hartwood Yule	Shire of Hartwood





December		
Dates c	Event	Branch Locations
05	K Q Yule	Barony of Dragon's Laire
05	Yule Feast & Champion's Tourney	Barony of Vulcanfeldt
05	Yule Feast, A Night in Byzantium	Barony of Three Mountains
12	Good Yule	Barony of Aquaterra
12	Seagirt Yule	Barony of Seagirt
12	Stromgard Yule	Barony of Stromgard
12 - 13	K Q Winter Investiture	Shire of Myrtle Holt
12	Yule	Barony of Wastekeep
12	Yule Feast	Barony of Glymm Mere
19	Yule	Barony of Dragon's Mist
20	Yule Feast	Shire of Hauksgaror





Find These Events and Their Links at:

http://antir.sca.org/Upcoming/index.php

# **Myrtle Holt Officers**



**SENESCHAL** 

Lady Brynhildr Smidsdottir (Megan Blattel)



**ARTS & SCIENCES** 

HL David de Rosier-Blanc (David Bianco)



**GOLD KEY** 

Constance Campbell (Christina Hager)



**SCRIBE** 

HL Keara Rylyn Buchanan (Loree Day)



**HERALD** 

Lord Bjolan Bjornson (Rev. James A. Otto Sr.)



**HEAVY MARSHAL** 

Bowen Doyle (Albert Wessels)



WEBMINISTER

Lord Thorlof Anarson (Josh Plater)



**EXCHEQUER** 

HL Caterine Mitchell (Kattie Cole)



**CHRONICLER** 

Lady Nim (Sarah Givens)



**DEPUTY GOLD KEY** 

Alina MacMurrich (Amanda C. Cowin)



**CHATELAIN** 

Lord Uilliam (Liam) Mag Duibhfhinn (Morris Givens)



HERALD IN TRAINING

Eric Liefson (Glenn Allen)



TARGET ARCHERY MARSHAL

Lord Uilliam (Liam) Mag Duibhfhinn (Morris Givens)



**EQUESTRIAN MARSHAL** 

HL Robert Buffle (Robert Chism)

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The Leaflette is available online at <a href="http://www.myrtleholt.antir.sca.org">http://www.myrtleholt.antir.sca.org</a>



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