



Myrtleholt  
of The Kingdom An Tir

# THE LEAFLETTE

The official newsletter of the Incipient Barony of Myrtle Holt • MARCH 2016 (AS L)

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(A Series)

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## The Feast of St. Eggberts—April 9

Eggbert was born the third son of a fowler at Hennford, England in the year 402 AD. The local priest taught him letters when he was seven. He became a wandering monk preaching to any listener. He used a hen's egg to explain the Trinity and while happily dining on roasted fowl said, "If thy right wing offend thee then then pluck it off." Eggbert was a pious but odd man, often sleeping in hen houses. One night, fierce Vikings raided the small hold. Eggbert, half asleep in the coop, was beaten to death by a huge Dane wielding a pair of pilfered cocks.

Myrtle Holt celebrates St. Eggbert's Feast because many years ago the Shire was given a mystical sign. There had been a feast wherein all meats were poultry. After this feast shire members exhibited red itchy rashes, fevers and swelling of the bodies - all indicative of the Pox of Henne. Superstitious mutterings caused one Lady to even change her name from "de Poulet" to "de Faucon". The plague caused people to look to heaven for help. A story was circulated about the man called Eggbert who seemed a Saint. A large statue of a rooster was located in a nearby village. Plague victims and survivors made pilgrimage there to beseech Eggbert to end the plague. They honored him with a feast in the Spring. The Plague of Henne was gone.

Location: Josephine County Fairgrounds Pavilion Building  
1451 Fairgrounds Road  
Grants Pass, OR 97527

- Myrtle Holt A&S Championship AS 50
- 2nd Annual Cut & Thrust Rapier Championship
- Heavy Fighting Tournament
- Thrown Weapons
- Classes
- Other Activities, for the young and young at heart:
  - Three Media Illumination
  - Egg the Saint
  - The Return of Egg Jousting

Viking Feast!

[http://antir.sca.org/Upcoming/index.php?Event\\_ID=3977](http://antir.sca.org/Upcoming/index.php?Event_ID=3977)

Myrtle Holt Business Cards  
Now Available!  
Ask your Seneschal



# Beau Cheval: Body Language

Article and Photos By HL Rathyen de Bures of Acton

Humans, as a rule, are really poor readers of body language. Unless it is something pretty obvious—you know, like your mom glaring at you, both hands on her hips, which is your warning that the next thing out of her mouth is probably going to be “Boy, are you in trouble!” Not only are we bad at reading the body language of other humans, we are down right lousy at reading the body language of animals—again, unless it is something pretty obvious—the dog or cat that arches his back, stands its fur on end, and gives you a menacing glare. Basically telling you to back off or there is going to be trouble.

Horses, on the other hand, are extremely good at reading body language and it is their main form of communication. They can assess your mood, and size you up...bully, pushover, wimp, leader, etc... before you get within fifty feet of them. This can lead to some rather confusing or upsetting dialogue between our two species.

Case in point.

I recently watched a YouTube video of a man on a bicycle who had stopped and dismounted from his bike to approach a group of horses out in a field. His companion on another bike was filming this “friendly” encounter. For those of us who try very hard to read what a horse is thinking, it was easy to see the four or five warning signs the alpha horse (who was on guard duty for the others) gave the man before taking a hard defensive action. The man, arm outstretched, was slowly approaching thinking, no doubt, that he was being friendly. Here is a rundown of how it all rolled out.

*“Nice horsey, I just want to be your friend and pet you on the nose.”*

As the horse continued to graze, it moved forward one or two steps, putting itself more strategically between this weird-helmeted predator and the other group of horses, who were ignoring the whole thing. Horse telling said biker, “Excuse me, but I don’t know you, so you might want to keep your distance.”

Man continued to walk toward the horse... yes, quietly, but still, going forward, arm out. Man thinking, “Nice horsey, I just want to be your friend and pet you on the nose.”

Horse’s head came up, he took another step forward, then stood in a braced posture, like any fighter squaring himself up for a confrontation. Horse saying, “Hey, are you stupid or what. I’m telling you, back off!”

Man keeps coming, arm out. Man thinking, “Oh come on. I won’t hurt you. Don’t be so anti-social.”

Horse tosses its head, paws at the ground, takes another step forward. Horse thinking, “What are you, some kind of moron? I am giving you all the signs you need. Back away, now!”

Man keeps creeping forward, hand outstretched. Man thinking, “Oh look, he’s nodding okay and telling me he likes me.”

Horse lowers neck, flattens head, and pins its ears flat to its head. Horse is thinking, “Okay idiot, last warning. Back off now, or trouble is coming. Really bad trouble.”

Man keeps walking, arm out. Man thinking, “Oh look, he dropped his head so I can pet him easier.”

In the blink of an eye, the horse lunged forward and bit the man right above the wrist, then walked away. Horse thinking, “Dude, I gave you every chance to walk away. The dumbest foal on the planet would have been out of my face at the first look. How have you survived this long? Sheesh.”

## Beau Cheval: Body Language (continued)

Article and Photos By HL Rathyen de Bures of Acton

Man, groaning in pain and holding his arm, which I know from experience was fast developing a massive bruise, finally walked...no, ran...away. Man thinking, "What the hell! I was being nice and the maniac horse attacked me."

Now the horse is branded as being mean, simply for doing its job (protecting the other horses), and after having given every caution he could before finally delivering the bite. The key here is, after delivery the bite, the horse walked off. He could have tossed the man over his back, or drug him off and stomped on him. But that is the other thing with horses. Once the point has been made, they back off and go about their business.

So, how does this cautionary tale help you interact with horses at an SCA event? First let me repeat, horses are prey animals. When threatened, or frightened, or even confused by what is being asked of them, which slides into fright, they will either run away, or defend themselves. However, they usually give you warning signs, if you know what to look for.



*"Hey, I love everyone, come be my buddy."*

(Robert's old gelding we lost last fall)



*"Hey, back off a little, I don't know you."*

(My mare, who has a very large personal space bubble)

Most SCA folks interact with horses where they are being stalled up. You mosey around the area admiring the beautiful creatures, and your first instinct is to walk up and pet them on the nose. Most socialized horses are pretty okay with that if you approach them slowly (not with your hand out, at first) and just introduce yourself. What would be better, would be to ask the owner, or someone who knows the horse, if it is okay with strangers. If the owner thinks there may be a bit of an issue, they

will walk with you to the horse, let the horse know you are a friend, and then all will usually be well. However, there are a few horses (and I own one) who have pretty definite personal space bubbles if they don't know you, and will usually lay their ears back and give you the "stink eye" as a warning to keep your distance. Don't ignore that sign. It's not a bluff.

If you approach a pen and the horse turns around and presents his butt to you, that doesn't always mean he wants you to give him a butt rub. It could also mean, "Hey, I'm not in the mood, bugger off." If it is late in the day of the event, the horse is probably tired, and wants to rest without you bugging him. Just like you enjoy relaxing after a busy day filled with a lot of activity, so do horses. And unlike you, they have

been hauling someone around on their back all day, which trumps armor weight no matter what that exhausted heavy weapons fighter thinks.

To summarize, like humans, some horses are more social than others. Some want to be everyone's buddy, while others, with assurance, will loosen up and be a bit more outgoing and friendly. But there will always

be a few who will never

make Miss or Mister Congeniality, so like you would with a person, respect their space and don't take it personally, thinking that the horse hates you or is mean. Learn to read their body language as best you can. You'll be surprised at how much they can tell you without saying a word.

With respect

R de B

# Basic Armouring Chapter 3: Tools

*Basic Armouring—A Practical Introduction to Armour Making*  
Copyright 2002 By Paul Blackwell

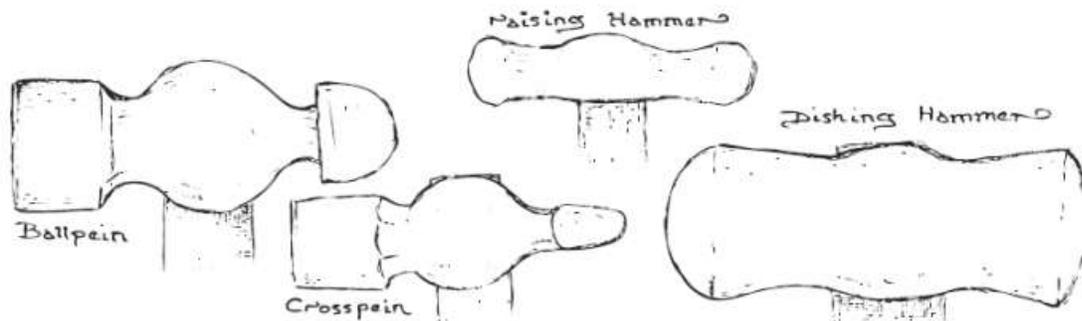
The material provided in these articles are excerpts from Basic Armouring, a book by Paul Blackwell. The contents and images are used with permission and courtesy of Paul Thane-Clarke (Richard the Rampant) of Brighthelm.org

## Chapter 3: Tools

You are going to have to acquire a few basic tools, as you progress you will probably acquire a few more! New tools can be expensive so start looking around second hand tool shops, junk shops, steam rallies, agricultural or engineering auctions or tool sales. You will also need a place to work, somewhere where the noise won't drive the neighbours mad. You are also going to need somewhere with a good floor or you will hammer through it! A shed or garage is fine.

### **Hammers**

You will need a hammer to rivet with; a small ballpein, about a pound weight, is ideal. You will also need a soft hammer to bend things with, look for a relatively hefty rubber or rawhide mallet. These you should be able to find easily. It's also useful to have a thumping stick for bashing things like nails or cold chisels; basically a fairly heavy hammer whose face you don't mind chewing up!



For shaping work you will need hammers with polished faces. Any marks you put into them will be transferred to your work so keep them separate from the general use hammers. A dishing hammer (for making elbows, knees etc.) is a must; anything relatively hefty with a curved face will do. A large round end ballpein can be used, although the curve will be a bit extreme, or you could always grind a flat faced hammer down a bit. It is probably better though to look for a purpose made dishing hammer. Purchasing one new is a good investment although finding one second-hand shouldn't be too much of a problem. Collecting a variety of dishing hammers will be very useful. A planishing hammer is used to smooth surfaces and remove hammer marks; any flat-faced hammer will do. If you need to do any raising you will need a hammer for this; a large purpose raising hammer is best but the back of a cross pein can be used.

### **Formers**

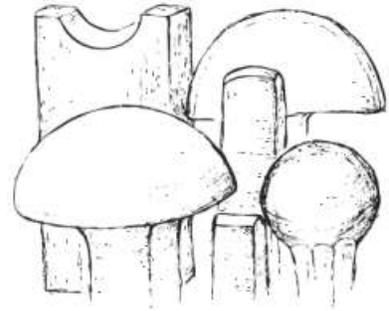
You will now need something to hammer onto. No don't rush out and buy an anvil — they can be helpful but are hardly essential, unless you want to be a blacksmith as well. Instead find yourself a tree stump. If you cut a slight hollow into one part of the top this will form a dishing block. The rest can be used for hammering onto. Also look for pieces of hardwood as these can be cut into very useful shapes for forming things around. Other things to keep your eyes open for are lengths of metal tube (for bending things over or around),

## Tools... (continued)

bowling balls and odd chunks of metal. Be inventive, failing that buy some stakes — these come in a variety of shapes and sizes, the mushroom shaped being probably the most useful. Unless you are rich buy them second hand.

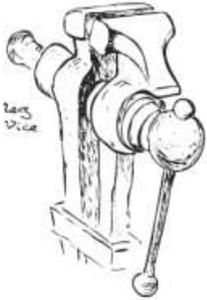
### Riveting Block

You will need a smooth, flat, hard, surface to rivet onto. If you want to use round head rivets you will need a rivet snap of the correct size. I use an old lump of stainless steel with curved holes drilled into it.



### Workbench

Something for marking things out on, holding a vice or clamps, bashing things on etc. Get something the right height. (Workmates tend to be very low.) I made mine out of an old bed frame and scrap wood.



### Vice

For holding things like formers, what you're filing, what you want to thump and a hundred other jobs. The easiest to get is an engineers vice; unfortunately these don't like being thumped! Instead try to get a leg vice, some times called a blacksmiths vice, they are fairly common second hand and are designed to be hammered onto. Mount it onto your workbench.

## Investiture Recipes

*By Monique de Toulon and HL Aelfric Thorfasson*

*These recipes were used as source recipes and may have been "improved"*

### German Beef Sausage

*(Original recipe from Food.com, by Chef Jeff Garland. We changed it slightly, using ground beef for the pork and wrapped it in cabbage.)*

#### Ingredients:

1 pound ground beef  
1 teaspoon rubbed sage  
1 teaspoon salt  
1/2 teaspoon white pepper  
1/2 teaspoon marjoram  
1/4 teaspoon crushed red chili  
1/4 teaspoon savory

1/8 teaspoon cayenne pepper  
1/8 teaspoon ground nutmeg  
1/4 teaspoon allspice  
1/8 teaspoon fennel seed  
1 egg  
3/4 cups cooked rice  
1/4 head cabbage

#### DIRECTIONS

Mix all ingredients except cabbage together. Cover and refrigerate a couple hours or overnight. Separate and boil cabbage leaves until soft. Form sausage into "fingers" and wrap with cabbage leaves. Line up wrapped sausages in a greased baking pan and pour about 1/4 cut water into the bottom of the pan.

Bake at 235° for 20 minutes or until done.

## Last Call

A&S Meetings are being scheduled at Jerome Prairie School for the second and fourth Tuesdays of the month. Combined A&S/Fighter Practice on the 3rd Sunday at 11am.

A couple of Chronicler reminders—1. A Newsletter is not optional upon becoming a Barony and your contributions are key! 2. The artwork that appears in these newsletters are either from a usage-right restricted search, used with documented permission of their owners, or from the camera /imagination of the Chronicler directly. Would you like to see more photos of local events? Send them to the Chronicler email on the Contacts page of this newsletter!

Watch for upcoming **GARBnGO** opportunities! The first GARBnGO was shopping at Winco— Where shall we go next?

## Officer Excerpts

**Marshal:** Fighter practices will be moving to the parks with nicer weather.  
Check online for updates

**Seneschal:** Officer quarterly reports are now due on the 15th

**MoAS:** Jerome Prairie School, 2nd & 4th Tuesday evening, 3rd Sunday morning

**Chronicler:** Send suggestions, materials, drawings, recipes, etc.

**Chatelaine:** New business cards are now available  
More detailed Officer Reports are posted in the Meeting Minutes on Facebook

## Looking Forward

### St. Egberts April 9 2016

Primary Event Steward: HL David de Rosier-Blanc  
Secondary Stewards: Lord Tristan & Bronwyn Awbrey  
Primary Feast Steward: Pending  
Assistant Feast Steward: Lady Brynhildr Smidsdottir

**Demo Elk Mountain Highland Games, May 2016**

**ARC Autumn 2016**

Event Stewards: The Family of  
Lord Uilliam Mag Dhuibhfhinn



# Calendar

## March-2016

Dates	Event	Branch Locations
04-06	   <a href="#">Kingdom A&amp;S/Bardic Championship</a>	<a href="#">Barony of Glymm Mere</a>
11-13	<a href="#">Danescome Academy</a>	<a href="#">Shire of Danescombe</a>
12	<a href="#">War In The Oasis</a>	<a href="#">Shire of Ambergard</a>
19	<a href="#">Daffodil Tournament and Feast</a>	<a href="#">Barony of Seagirt</a>
19	<a href="#">Madrone Arts &amp; Sciences and Bardic Championship</a>	<a href="#">Barony of Madrone</a>
19	   <a href="#">March Coronet</a>	<a href="#">Barony of Adiantum</a>
19	<a href="#">Mountain Edge Defender's Tourney</a>	<a href="#">Shire of Mountain Edge</a>
25-27	 <a href="#">Spring Crown Council (per TRM's Option)</a>	-Branch TBA-
26	<a href="#">Glymm Mere Newcomer's Event</a>	<a href="#">Barony of Glymm Mere</a>
26-26	<a href="#">Hippocampus Scriptorium</a>	<a href="#">Barony of Stromgard</a>

## April-2016

Dates	Event	Branch Locations
01-03	<a href="#">Tir Righ Heraldic &amp; Scribal Symposium</a>	<a href="#">Barony of Seagirt</a>
02	<a href="#">All Fools</a>	<a href="#">Shire of Corvaria</a>
02	<a href="#">Spring Feast and A&amp;S Championship III</a>	<a href="#">Shire of River's Bend</a>
08-10	  <a href="#">Baroness' War VIII</a>	<a href="#">Barony of Vulcanfeldt</a>
09	<a href="#">Feast of St. Egberts</a>	<a href="#">Shire of Myrtle Holt</a>
15-17	<a href="#">Bar Gemels</a>	<a href="#">Barony of Terra Pomaria</a>
15-17	<a href="#">Honor War</a>	<a href="#">College of Lyonsmarche</a>
16-17	<a href="#">Quest for the Golden Fleece</a>	<a href="#">Shire of Ramsgaard</a>
16	<a href="#">Spring Ball</a>	<a href="#">Barony of Seagirt</a>
21-24	<a href="#">Art of War (Event's Web Site)</a>	<a href="#">Barony of Aquaterra</a>
22-24	<a href="#">Penguin Crusade</a>	<a href="#">Shire of Cae Mor</a>
22-24	<a href="#">Silver Arrow</a>	-Branch TBA-
22-24	<a href="#">West Coast Culinary Symposium</a>	<a href="#">Barony of Dragon's Mist</a>
29-01	<a href="#">Embers and Ambrosia with Daffodil Archery</a>	<a href="#">Barony of Blatha An Oir</a>
30	<a href="#">Baronial Birthday Bash</a>	<a href="#">Barony of Adiantum</a>
30-01	<a href="#">Hartwood Spring TUTR</a>	<a href="#">Shire of Hartwood</a>

Find These Events and Their Links at:

<http://antir.sca.org/Upcoming/index.php>

# Myrtle Holt Officers



**SENESCHAL**  
Lady Brynhildr Smidsdottir  
(Megan Blattel)



**ARTS & SCIENCES**  
HL David de Rosier-Blanc  
(David Bianco)



**GOLD KEY**  
Constance Campbell  
(Christina Hager)



**SCRIBE**  
HL Keara Rylyn Buchanan  
(Loree Day)



**HERALD**  
Lord Bjolan Bjornson  
(Rev. James A. Otto Sr.)



**HEAVY MARSHAL**  
Bowen Doyle  
(Albert Wessels)



**WEBMINISTER**  
Lord Thorlof Anarson  
(Josh Plater)



**EXCCHQUER**  
HL Caterine Mitchell  
(Kattie Cole)



**CHRONICLER**  
Lady Nim  
(Sarah Givens)



**DEPUTY GOLD KEY**  
Alina MacMurrich  
(Amanda C. Cowin)



**CHATELAINE**  
Lord Uilliam (Liam) Mag Duibhfhinn  
(Morris Givens)



**HERALD IN TRAINING**  
Eric Liefson  
(Glenn Allen)



**TARGET ARCHERY MARSHAL**  
Lord Uilliam (Liam) Mag Duibhfhinn  
(Morris Givens)



**EQUESTRIAN MARSHAL**  
(Vacant)

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