



Myrtleholt
of The Kingdom An Tir

THE LEAFLETTE

The official newsletter of the Incipient Barony of Myrtle Holt • JANUARY 2017 (AS LI)

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Swords too daunting?
Try spoons...



A
Bouncy
Hunt



More Hogmanay Photos



More Hogmanay Photos

(Photos on this page are courtesy of HE Dame Jennet MacLachlan of Loch Fyne)



Whatever you do,
don't drop that Skunk!



More Hogmanay Photos

(Photos on this page are courtesy of HE Dame Jennet MacLachlan of Loch Fyne)



Thrown from her
Bouncy Hunt steed!



St. Egbert's Feast Menu

Feastocrats: HL Monique de Toulon and HL Aelfric Thorfasson

First Course

Manicotti
Tuscan zuppa Toscana
Caponata

Drinks

Lemon refresher
Apple Juice
Coffee/Teas

Second Course

Polpettone (meat roll)
Vegetable risotto
Tuscan bean and wheat berry soup

Desserts

Cannoli bites
Ricotta cheesecake with
pinenuts and raisins

Breads

Italian Sourdough
Rustic wheat bread



Donation List will be announced at the next business meeting, February 5. See Page 10 for time & location.



Recipe: Banana Bread

*HL Aelfric Thorfasson and HL Monique de Toulon share
their Fancy Hat Tea Party Recipe*

Ingredients:

3 cups all-purpose flour
1 tsp salt
1 tsp baking soda
1/2 tsp baking powder
2 tsp cinnamon
1 cup chopped nuts (optional)
3 eggs
1 1/2 cups sugar
1 cup oil
1 tsp oil
2 cups banana, pumkin, or zucchini



Instructions:

Stir together dry ingredients. Beat eggs, sugar, and oil until well blended. Stir in vanilla and fruit. Add flour and mix until incorporated. Pour into greased loaf pan and bake 350 degrees for 5-60 minutes. Let stand for 10 minutes then turn out onto a cooling rack to finish cooling.

Recipe: Hogmanay's Sbiten

Submitted by Lord Bowen Doyle

Ingredients:

1/2 cup honey
1 tbsp. whole cloves
3 cinnamon sticks, cracked in several places
1 tsp ginger
16 ounces blackberry jam
10 1/4 cups water (or red wine)
1/4 tsp nutmeg
1 mint leaf (optional)
2 dried chili peppers (optional)

Instructions:

In a medium saucepan, combine honey, cloves, cinnamon, ginger, blackberry jam, water or wine, nutmeg, and add optional ingredients if you choose. Slowly bring this to a boil over medium heat, stirring frequently until honey and jam completely dissolve. Remove from heat.

Let the sbiten come to room temperature. Strain the liquid through cheesecloth, pressing on the solids, and transfer to an airtight container or bottle. A 750ml bottle should accommodate this amount of sbiten. Refrigerate and reheat when serving.



Recipe: Cranberry-Hazelnut Bread

*HL Aelfric Thorfasson and HL Monique de Toulon share
their Fancy Hat Tea Party Recipe*

Ingredients:

1 cup hazelnuts	1/2 tsp kosher salt
2 tbsp. unsalted butter, melted, plus more for the pan	1/2 cup whole milk
1 1/2 cups all-purpose flour	2 large eggs
1/3 cup granulated sugar	1 tbsp. finely grated orange zest
1/4 cup packed light brown sugar	1/2 tsp pure vanilla extract
1 tbsp. baking powder	

Instructions:

Heat oven to 350 degrees. Spread the hazelnuts on a large rimmed baking sheet and toast in oven, tossing occasionally until fragrant, 10-12 minutes. Rub the warm nuts in a clean dish towel to remove skins. Discard skins. Coarsely chop.

Butter and 8 1/2x4 1/2 inch loaf pan. In a medium bowl, whisk together flour, sugars, baking powder, and salt. In a small bowl, whisk together the butter, milk, eggs, orange zest, and vanilla. Add to the flour mixture and mix until just combined (do not overmix) Fold in hazelnuts and cranberries.

Transfer the batter to the prepared pan and bake until a toothpick inserted in the center comes out clean, about 55-65 minutes. Tent with foil if the tops browns too quickly. Cool in pan for 30 minutes, then transfer to a wire rack to finish cooling.

Pattern for a Pair of Short Socks

By HE Dame Jennet MacLachlan of Loch Fyne

Materials:

1 ball worsted weight yarn +- 250 meters
1 pack of four size 4.25mm double ended needles

Cuff Section:

Cast on 16 stitches onto each of the three needles. (48 stitches total)
Knit one purl one rib for about three inches. This is the cuff of your sock so if you want it longer or shorter simply adjust the length to suit yourself.

Knit for one inch. (Since you are knitting in a circle, it will look like stocking stitch)

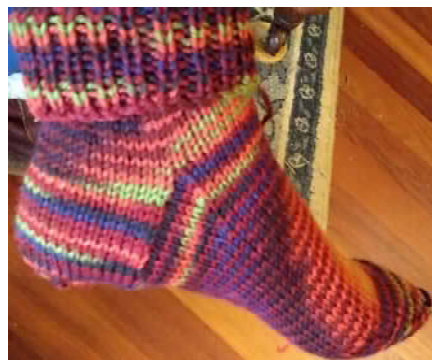
Adjust your stitches so that you have 14 on two of the needles and 20 on the third. The two needles with the 14 stitches will form the heel and the 20 will be the top of the foot. Knit across the two sets of 14 stitches (28 in all) onto one needle. Now turn your work around and purl back across the 28 stitches. Continue in this manner until your work measures two inches in length from where you separated out from the three needles, ending with a purl row.

Next row: Knit 12 stitches, knit two together, slip one, knit one, pass the slipped stitch over the outer stitch, knit 12 stitches. Turn and purl back across the remaining 26 stitches. Repeat this twice more and you will have 22 stitches left. This forms the curve of the heel.

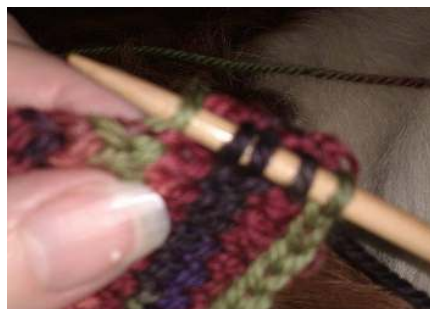
Knit 11 stitches. Now fold your heel in half and hold the two needles in your left hand. Using a third needle knit one stitch from each needle together. Knit the second stitch from the two needles together and pass the first stitch on the right hand needle over the newest stitch on the right hand needle. Repeat this until you are left with only one stitch on the right hand needle. Now using the right hand needle pick up a stitch for every two rows down the length of the heel that you have just knitted. You should have around 18 stitches. Knit across the 20 stitches from the foot section that you had previously left alone. Now pick up stitches from the other side of the heel until you have the same number of stitches as you picked up on the first half of the heel. You should now be knitting on three needles again with the fourth as your working needle. (You should have a total of 56 stitches approximately).

Knit one full row across all three needles ending back in the middle of the heel.

Next row: Knit 16 stitches, knit two together. Knit across the 20 stitches on the top of the foot and then slip one, knit one, pass the slipped stitch over, knit 16.



Pattern for a Pair of Short Socks... Continued



Next row: Knit 15 stitches, knit two together. Knit across the 20 stitches on the top of the foot and then slip one, knit one, pass the slipped stitch over, knit 15.

Repeat this pattern reducing by one stitch on each row until you have reached 12 stitches remaining on each side of the heel. (44 stitches in all)

Knit on these three needles until the work reaches the base of your toes.

Toe tapered section:

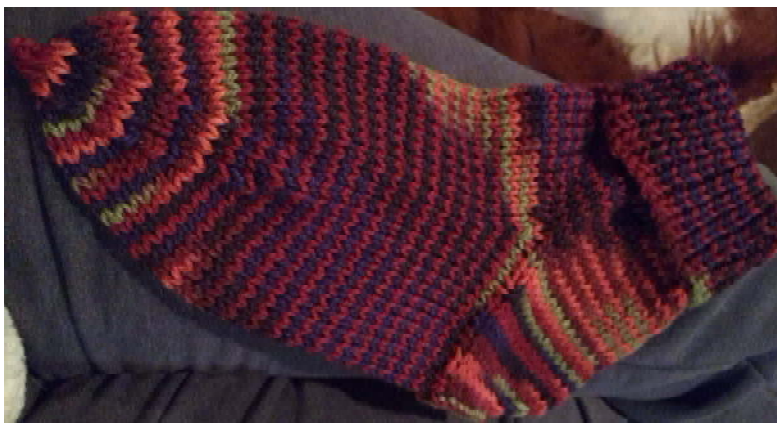
Knit 9 stitches knit two together (stitch 10 and 11) knit one. Knit one, Slip one, knit one, and pass the slipped stitch over. Knit 14 stitches. Knit two together, knit one (these should be all the stitches on the middle needle). Knit one, slip one, knit one, and pass the slipped stitch over. Knit 9 stitches. (40 stitches)

Next row: Knit

Next row: Knit 8 stitches knit two together (stitch 9 and 10) knit one. Knit one, Slip one, knit one, and pass the slipped stitch over. Knit 12 stitches. Knit two together knit one. Knit one, slip one, knit one, pass the slipped stitch over. Knit 8 stitches. (36 stitches)

Next row: Knit

Repeat this pattern until you have 12 stitches left. Continue with the pattern without knitting a row in between until you are left with 8 stitches. (at this point you will have been reduced to two needles rather than three.) Using your third needle knit a stitch from both front and back needles twice, pass the first stitch over the last stitch and repeat with the next two stitches till you have reached the last stitch. Break off your yarn and feed it through the last stitch.



Basic Armouring Chapters 8 & 9: Padding (Continued) & Head

Basic Armouring—A Practical Introduction to Armour Making
Copyright 2002 By Paul Blackwell

The material provided in these articles are excerpts from Basic Armouring, a book by Paul Blackwell. The contents and images are used with permission and courtesy of Paul Thane-Clarke (Richard the Rampant) of Brighthelm.org

Gauntlet Padding

Gauntlets tend to be fairly tight fitting leaving little room for padding. Gauntlets, however, don't need much padding as they achieve a lot of their effect by spreading the force of a blow—along the hand, onto the arm and onto the hilt or haft of your weapon. Start with a good pair of leather gloves; quantity welding or gardening gloves work fine. Hold onto a convenient haft and tap your gauntlets. Sting or touch anywhere? Then add a thin layer of felt or back packing foam to this point. Good areas to pad are the fingertips, knuckles and around the wrist guard. Keep padding until it feels right.

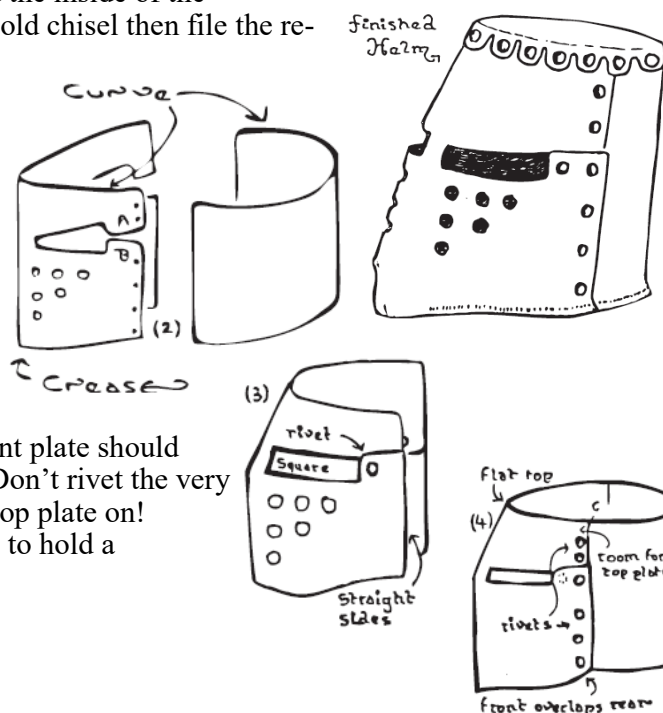
Chapter 9 — Head

When designing helms beware of gaps between head and neck armour and sword sized holes at the throat! Helmets should be made from at least 16-gauge steel. Making a cardboard template and adjusting this to fit your head, rather than playing with bits of steel, saves a lot of time and effort!

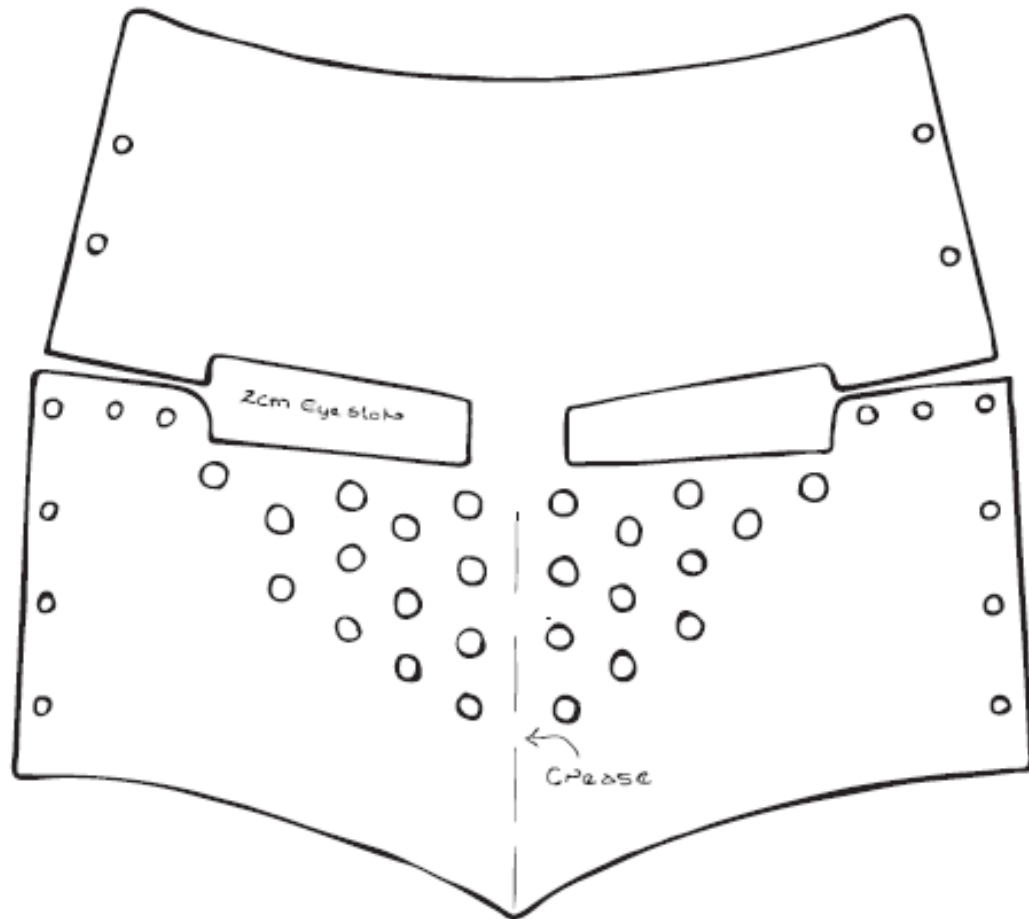
I designed this helm as an exercise in minimalist cutting—it only has three plates

1. Cut the front and back plates as shown on the pattern, figure 9-1. To cut the eyeholes drill a series of holes around the inside of the slots. Cut between the holes with a hacksaw or cold chisel then file the remaining points back to the marked line.
2. Curve the plates as shown. The crease at the front is simply achieved by bending the plate over a flat edge.
3. Bend the top of the face plate down so that tab B covers tab A. Rivet them together, on both sides, using the holes nearest to the eye slot (don't rivet the other hole yet). Pein rivets on inside of helmet.
4. Rivet the front plate over the back plate. The front plate should reach the line labelled *overlap* on the template. Don't rivet the very top of the helm, or you won't be able to get the top plate on! You can use one of the lower rivets on each side to hold a chinstrap in place.

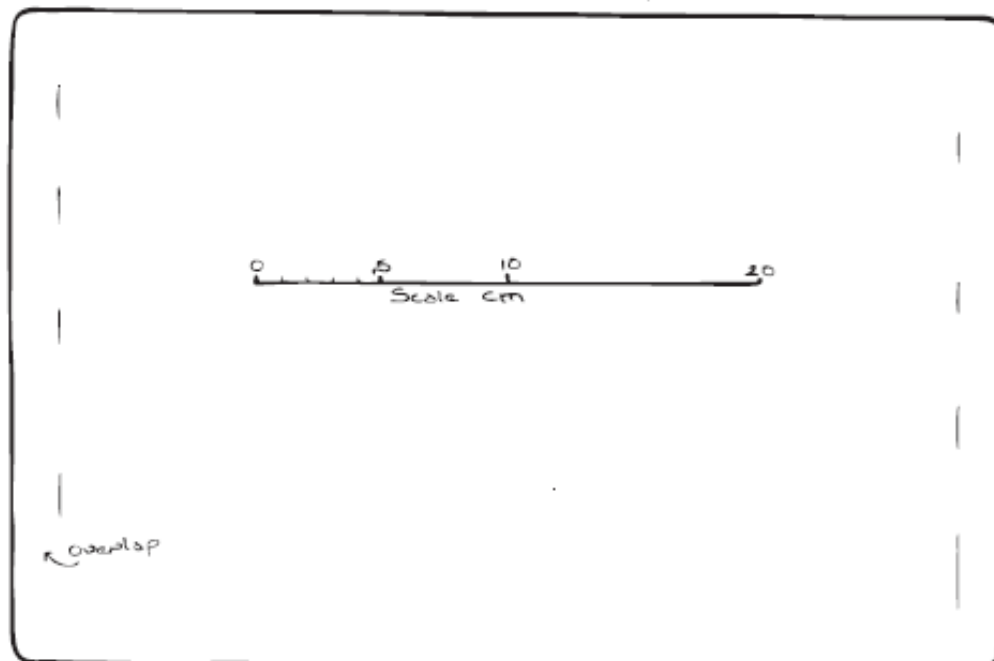
(continued)



Basic Armouring Chapter 9: Pot Helm Pattern



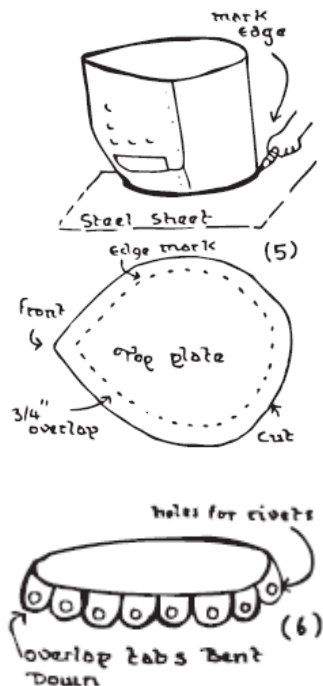
Back Plate



Basic Armouring Chapter 8: Head (continued)

Basic Armouring—A Practical Introduction to Armour Making
Copyright 2002 By Paul Blackwell

5. Turn the helm over onto the steel sheet and trace around the outside of the helm. Add about 2 cm overlap to this and cut the resultant shape out. This is the top plate for the helm.
6. Make a series of evenly spaced holes, 1 cm from the edge, approximately 3.5 cm apart around the circumference of the top plate. Cut around these holes, up to the edge mark line, so as to turn the overlap area into tabs. Using a soft face hammer bend the tabs down so they touch the sides of the helm.
7. Place the top plate on the bottom plate and rivet them together through the tab nearest the front crease. Next rivet the tab at the rear and then one tab on either side of the helm thereby holding the top plate evenly in place.
8. Rivet the rest of the tabs. The Tab method is the easiest way to fit the top plate; an alternate method, using less cutting but more hammering, is to raise the overlap down (see Raised Helm Top).
9. Curl the back edge and sides of the helm to prevent them hitting your shoulders.
10. Pad inside of helm - especially the top, these helms made great "mace landing pads!"



Ye Olde Help Wanted

DEPUTY EXCHEQUER:

Exchequers are responsible for maintaining the financial records of their branch and for ensuring that all funds are spent to further the Society's non-profit, educational purpose.

HEAVY MARSHAL

Warrant Expiring

As we gather at our events to recreate the ideals of honor and chivalry of the Middle Ages, we need rules and standards to ensure that we may continue to enjoy SCA combat.

DEPUTY CHATELAINE:

Warrant Expiring

The job of the Chatelaine is composed of many parts: welcome wagon, font of knowledge (both Society and historical), Public Relations officer, and friendly face of the SCA.

DEPUTY CHRONICLER: *Warrant Expiring*. Share stuff you find with others. Easier than you think....

Last Call

Check online for A&S Meetings and Fighter Practice schedules

Next Business Meeting

Marie Hill Conference Room, Community Corrections,
510 NW 4th St, Grants Pass.
SUNDAY, February 5 at 1:00pm.

Deputies needed for Chatelaine, Marshal, Archery Marshal, Chronicler, Exchequer. Interested in learning new things, meeting new people, in being part of something greater? Contact the officers on the last page of The Leaflette to help.

Officer Excerpts

Seneschal: HL Keara Rylyn Buchanan is our new Seneschal. Huzzah!

Herald: Lady Brynhildr Smidsdottir is our new Herald. Huzzah!

MoAS: Our newest MoAS, HL Monique de Toulon, encourages you to look for news of the upcoming February A&S night.

Marshall: Needs a Deputy—No Heavy experience needed



Looking Forward

St. Eggberts **April 2017**
Event Steward: Maître David de Rosier-Blanc
Feastocrats: HL Monique de Toulon and HL Aelfric Thorfasson

ARC **July 2017**
Outrider Event Steward: Lady Brynhildr Smidsdottir. Seeking shadow.

Winter **December 9-10, 2017**
Investiture Event Steward: Visc. Vestia Antonia Aurelia

Hogmanay **December 2017**
Event Steward: Needed
Feastocrat: Needed

Myrtle Holt Business Cards Now Available!

But Mum...

Don't 'But Mum' me!
Quit yer' whining—
You can hand out
business cards after
you're done with your
grape-stomping chores.



Calendar

Find These Events at: <http://antir.sca.org/Upcoming/index.php>

February-2017

Dates	Event	Branch Locations
04	Briaroak Birl	Shire of Briaroak
04	Feast of St. Bubba	Barony of Wyewood
04	Winters Tourney	Shire of Lionsdale
11	Candelmas	Barony of Blatha An Oir
11	Candlemas	Barony of Dragon's Laire
11	Feast of Fools	Canton of Silverhart
11-12	Winters End	Shire of False Isle
17-19	Tir Righ February Investiture	Shire of Lionsdale
18	Lunar New Year Tea	Canton of Bearwood
18	Madrone Arts, Sciences & Bardic	Barony of Madrone
21-27	Estrella War (Event's Web Site)	Kingdom of Atenveldt
24-26	Summits Arts and Science and Bardic Competition	Shire of Briaroak
25-26	Feast for Winter's End	Shire of Coill Mhor
25	Festival of the Red Lanterns	Shire of Dregate
25	Lion Stage	Barony of Lions Gate
25	Mask and Steel	Barony of Vulcanfeldt
25	Stromguard Founding Revel	Barony of Stromgard

March-2017

Dates	Event	Branch Locations
04	Inlands Exchequer Training	Barony of Wastekeep
04	Newcomers Day	Shire of Midhaven
10-12	Kingdom A&S/Bardic Championship (Event's Web Site)	Barony of Dragon's Laire
12-20	Gulf Wars XXVI (Event's Web Site)	Kingdom of Gleann Abhann
17-19	Summits March Coronet	Shire of Coeur du Val
18	Daffodil	Barony of Seagirt
18	Oasis War	Shire of Ambergard
24-26	Quest for the Golden Fleece	Shire of Ramsgaard
25	Mountain Edge Defenders Tourney	Shire of Mountain Edge
25-27	Spring Crown Council (per TRM's Option)	-Branch TBA-
25	Wastekeep Seargent's Trials	Barony of Wastekeep

Myrtle Holt Officers



SENESCHAL

HL Keara Rylyn Buchanan
(Loree Day)



ARTS & SCIENCES

HL Monique de Toulon
(Laura Dollarhide)



GOLD KEY

HL Uilliam (Liam) Mag Duibhfhinn
(Morris Givens)



SCRIBE

(Vacant)



HERALD

Lady Brynhildr Smidsdottir
(Megan Blattel)



HEAVY MARSHAL

Lord Bowen Doyle
(Albert Wessels)



WEBMINISTER

Lord Thorlof Anarson
(Josh Plater)
(Josh Plater)



EXCCEQUER

Visc. Vestia Antonia Aurelia
(Barbara van Look)



CHRONICLER

HL Nim
(Sarah Givens)



DEPUTY GOLD KEY

Alina MacMurrich
(Amanda C. Cowin)



CHATELAINE

HL Uilliam (Liam) Mag Duibhfhinn
(Morris Givens)



HERALD IN TRAINING

Eric Liefson
(Glenn Allen)



TARGET ARCHERY MARSHAL

HL Uilliam (Liam) Mag Duibhfhinn
(Morris Givens)



EQUESTRIAN MARSHAL

(Vacant)

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